

The Communiqué



Wisconsin League
for Nursing

NLN

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Wisconsin League for Nursing Fall Nursing Conference 2005

By Susan Bristol/Mary Eiche

The Country Springs Hotel, Water Park and Conference Center in Waukesha was the scene of the Wisconsin League for Nursing's Fall Conference and Blue Cross/Blue Shield Scholarship Awards on Friday, September 16, 2005. A large group was in attendance including a record number of vendors.

Dr. Carriette Weddle, retired WLN president and Dr. Ann Cook, WLN president-elect, welcomed the nurse educators, administrators and practitioners of nursing and their guests who represented every level of nursing education and practice. Dr. Weddle extended thanks to all those who made this event possible including Mary Beth Gosline, WLN Program Chair and Maureen Greene who was responsible for the excellent vendor representation.

Pictured is Dr Carriette Weddle, keynote speaker Dr. Joyce Murray and Dr. Ann Cook □

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Evidence Based Learning: Education, Practice, and Legal Implications

By Susan Bristol

Presented by Dr. Joyce Murray, NLN President 2003-2005, Director of the Ethiopian Public Health training Initiative, the Carter Center and is a Professor in the Nell Hodgson Woodruff School of Nursing at Emory University in Atlanta, GA.

Dr. Murray defined Evidence Based Practice as a commonly used term to describe the "integration of the best research with clinical expertise and patient values". The value of Evidence Based Practice is the gathering of as much related research data that can be found and then analyzing, synthesizing, and

integrating the data with the clinician making the final judgment as to the relevancy of the information.

Evidence Based Nursing Practice adds additional components to the process of evaluating and applying scientific evidence "to the treatment and management of health care." One of the components is Best Practice. Best Practice is a system that uses the best information found to encourage high quality health care and its consistent application in the clinical setting. Research and the best available knowledge can also stop marginal or harmful clinical practices, by seeking and using the

Please see *Evidence Based Nursing* on page 8

Panel Speakers: Delegation in Nursing

Delegation in Practice: Getting the Word Out There

Presented by Maureen Green RN CNS –BC, ACNP-BC.
St Joseph's Regional Medical Center.

Maureen Green used a baseball theme to drive home points on the importance and responsibilities of nursing delegation. She bounced balls and questions into the audience and fielded the returning answers. She made the main points of her presentation, leadership skills and the five rights of delegation, into the home runs that make nurses winners in the world series of successful delegation in all of its aspects. □



Delegation in Nursing: Based on Evidence Educator Perspective

Presented by Dr. Sandra Ramey MSN, ACNP.

Dr Ramey is an Assistant Professor in the College of Nursing at Marquette University, with research in the area of health promotion and cardiac risk education.

Dr. Ramey pointed out in her presentation that delegation requires a leadership role that must be in place before one nurse can pass off her responsibilities to another, who ever that other may be. Education provides the building blocks to developing this skill. Practice is the cement that holds the blocks together. Through the teaching of leadership, role playing, and exploring group attitudes nurses can better be prepared for the give and take of responsibility that is delegation. Stephen Biondi a former student of Dr. Ramey's presented the student perspective. □



Delegation and the Law

Judge Jean DiMotto, RN

Circuit Court Judge for Milwaukee County since 1997
Outstanding Nurse Scholar 2004 from Delta Gamma
Chapter Marquette University

Judge Jean DiMotto challenged the participants at the WLN Convention to play Legal Eagle. With wit, humor, and her trusty gavel Judge DiMotto exploded the myth that delegation and supervision are so risky legally, that every nurse should carry an individual policy of malpractice insurance. □

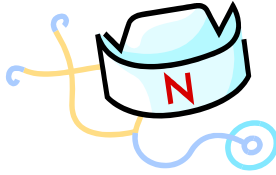


The Stars of the Fall Conference were the Blue Cross/Blue Shield Scholarship Recipients



Janalyn Schaalma Moraine Park Technical College

LPN Students



Kia Cooper Milwaukee Area Technical College

BSN-ADN Students



Vanessa Anderson Edgewood College



Debra Bowman Moraine Park Technical College



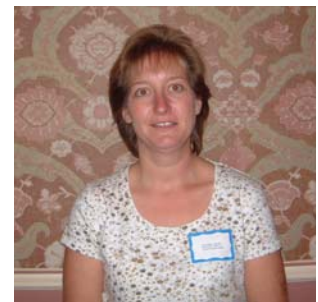
Danielle Drexler Marquette University



Tanya Gonzalez Waukesha County Technical College



Linda Kehring Moraine Park Technical College



Suann Mitchell Moraine Park Technical College

BSN-ADN Students Continued



Marcella Robinson UW Eau Claire



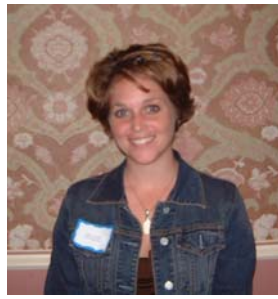
Jessica Roelke Edgewood College



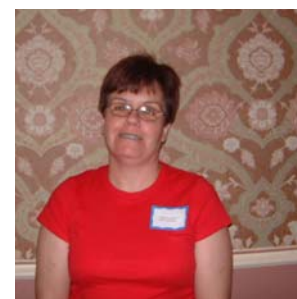
Maria Schneider Marquette University



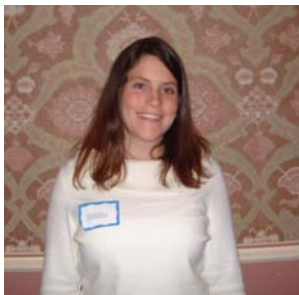
Michelle Sitzman Marian College



Barbara Ulrich UW Milwaukee



Margaret Wakefield Carroll College



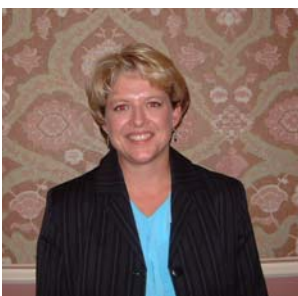
Peggy Walters Edgewood College



Kristen Wiesner Northeast WI Tech College



Melissa Wittstock Wis. Indianhead Technical College



Melissa Wright Lakeshore Technical College

Missing Students are: Rebecca Arcand, Rana Dickson, Andrea Glyzewski, Reann Nargiz, Miranda Olson, and Laura Peterman

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Scholarship monies are from individual WLN membership donations and from Blue Cross Blue Shield United of Wisconsin. Each student applicant is evaluated on their understanding of the nursing profession, graduation goals, community and school activities and financial need.□

*LPN Student
Janalynn
Schaalma
remarked that
"\$500 bought a
lot of books".*

Congratulations to the scholarship recipients and a Big thank you to the WLN Scholarship Committee Chair: Diane Wernette and Members Kathleen Lee, Delores Nix, Rita Roedel and Gerry Vogel

"We are not what we know but what we are willing to learn." – Mary Catherine Bate

The WLN Convention would not have been complete without Vendors.

Thanks to Maureen Greene they came in record numbers and represented a diverse medical spectrum.



Marquette University Katie Koncki



Aurora Health Care Patricia Volkert and Jill Burie



Wisconsin Tissue Bank Rebecca Hilson and Sarah Clark



ESP Pharma Craig Knapp



Jacque Franklin B.A. Educational Consultant Educational Resources Inc.

Jacque Franklin B.A. Educational Resources presented to the Nursing Educators, an overview of the Testing Packages and Resources available to them. Educational Resources, Inc. (ERI) has been developing diagnostic tests and other educational products for nursing education since 1963.

CALL FOR NOMINATIONS - 2006 Election

All WLN members are encouraged to suggest candidates (or themselves) for the coming election. It is important that a wide range of candidates be suggested to insure that the ballot will represent the diverse backgrounds and fields of expertise of the WLN membership. It is also important that all areas of the state be represented. The elected WLN Committee on Nominations will be meeting to prepare a slate of candidates and they will need your input. The positions to be elected in 2006 are:

President-Elect - 2 year term - will then succeed to the Presidency for a term
Of 2 years.

Member Directors - 3 year term - 3 Member Directors elected each year

Nominations Committee - 1 year term - 4 elected Individual WLN Members The chair a
Director appointed by the Board for a total of 5 - A WLN
Standing Committee

A Biographical Information Sheet is included in this issue for candidates. After completion, forward to Tim Bristol, Chair of the Nominating Committee or Mary Ann Tanner at Fax 715-674-7201 or email to modtech@att.net.

The 2006 Nominating Committee Members are:

Chair: **Timothy Bristol**
8328 N. 95 St., Milwaukee 53224 Home
Phone 414-331-3334 tim@nursetim.com

Marilyn Frenn
marilyn.ffenn@marquette.edu

Mary Ann Mosley
Home Phone 414-562-5669

Gloria Rhone
gloria.rhone@marquette.edu

Julienne Rock
rockiml@wi.rr.com

Questions: Call any of the above members of the Nominating Committee or call any of the current WLN Officers and Directors.

Tim, Marilyn, Mary Ann, Gloria, and Julienne will be pleased to hear from you



CO-PRESIDENTS' REPORT

Carrie Weddle, PhD, RN

Ann Cook, PhD, RN

Holiday Greetings to New, Continuing, and Prospective Members,

Hopefully, by now you have read about our very successful and exciting Fall Conference on September 17, 2005 in the Nursingmatters or Advance for Nurses publications, as well as in this "new look" Communiqué! We were honored to have our NLN President, Dr. Joyce Murray as our main speaker, as well as the panel of three distinguished nurses who all brought a wealth of knowledge and experience to our topic, "Evidence-Based Learning: Education, Practice, and Legal Implications".

Prior to the Fall Conference, President-Elect (Co-President) Dr. Ann Cook and I attended a "sold out" NLN Education Summit in Baltimore. We witnessed the long line of educators taking the first NLN educator certification exam—two from WLN in the line! NLN continues to grow and prosper with a BLACK bottom line. As WLN President, I was invited to represent WLN on a panel of speakers who shared experiences about developing successful NLN Constituent Leagues.

As I enter the last 6 months of my term as President, I am reflecting on my first President's report to you, the membership, in which I indicated how "excited and honored" I was to serve in this capacity. I spoke about the work ahead of us to keep WLN alive and thriving with goals of finding new ways to increase our membership and collaborative efforts while maintaining solvency of this organization. I am proud to say that we are meeting these goals related to increasing our membership, collaboration and maintaining solvency of the organization, while continuing one of our main missions of providing scholarships to deserving nursing students at BOTH our Annual Spring Luncheons and our Fall Conferences. These accomplishments are directly related to the hard work of a "faithful few" members of the Board and members at large. We continue to need additional active involvement from other members of the organization across the state. Therefore, when our Nominations Committee calls you, **PLEASE BE READY TO RESPOND!**

Specifically, in regard to collaboration, we have continued our linkage with the Wisconsin Nursing Coalition in support of "The Wisconsin Nursing Community Agenda for Healthcare Reform" and other initiatives. Most recently, WLN provided substantial financial support to the new Wisconsin Center for Nursing, wherein I represented WLN on the transitional Board

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of Directors, and the WLN Board voted to have your President-Elect, Dr. Ann Cook continue for 3 years on the newly elected Board of Directors, starting in January, 2006.

Again, we're still "on a roll", and let's keep in ROLLING into 2006 and beyond! Thank you for allowing me to serve your organization as President for these two wonderful years of hard work and accomplishments. I will continue to support and serve WLN in other capacities in the future.

Have a BLESSED HOLIDAY SEASON with colleagues, family, and friends!!!!!!!!!!!!!!!!!!!!!!



Hi my name is Sue Bristol and I am the new editor for the Communiqué.

I am a retired LPN who spent the last 13 years working in a Family Practice - OB/Gyn. setting. Education has always been a big part of my life and I feel privileged to be part of the WLN who is a leader in the promotion of nursing education and advancing the quality of healthcare. The Communiqué has taken on a new look and I am looking for suggestions to make it a quality newsletter and fit the high educational standard that the WLN has worked so hard to promote and maintain. Please contact me with your suggestions or comments by e-mail at bristol@charter.net or by mail to Sue Bristol N8428 Coventry Lane Beaver Dam, WI 53916.

Thank you

Sue

Evidence Based Learning from page 1

best current information available and expanding nursing knowledge. It can improve decision making practices as well as, informing and influencing policy, and organizational decisions. It can have cost benefits in improving nursing outcomes and provides ongoing evaluation of the whole process.

The reasons for changing the way nurses gather and use information are critical. Health care is changing on an almost daily basis. Health care costs continue to rise as do the number of uninsured patients. Nurses are still in short supply and malpractice and litigation are a fact for clinicians. You would think a practice that would address some of the above problems would be welcomed, but there are barriers.

Some of the barriers that prevent the wide spread use of Evidence Based Nursing Practice are the "complexity of the literature", the forms the knowledge takes, and the need to translate the knowledge into usable form. Removal of the barriers could improve nursing outcomes and limit or prevent the many errors that are seen in health care. The value would be immense.

If the usefulness of Evidence Based Education and Practice became more accepted, changes would come about in the, "review of current practices", identification of problems and issues, and the implementing of best practice. The changes would then translate into better educated student nurses and increased patient safety. The challenges to produce better educated nurses and students lay with education and learning practices. The focus needs to be on "powerful central ideas and capacities", the discouragement of rote performance, and the encouragement of "content-producing learning that lasts". The content can come from "educational research, neuroscience research, clinical research, and the wisdom of teaching practices". The environments where these skills can be learned are many. Leadership training, cooperative learning, case method learning, and peer group learning are just a few ways. The large hall lectures that education has come to represent are the least effective. The reward for Evidence

Based Nursing Education is better prepared nurses that think critically, are highly motivated, have a greater understanding and therefore can practice with greater safety and efficacy.

Again, there are barriers that prevent the implementation of Education Based Practice. They include, not understanding the value of research in practice, lack of resources such as: articles, computers, databases, and lack of skills to evaluate the data found and put it into practice. One of the most menacing barriers that we all are guilty of is the status quo or the reluctance to change. Isn't it always easier to ask another nurse? Nurses need to learn that nursing practice today is not stagnant. It is learning to ask the right questions then doing the research to get the best answers.

Dr. Murray summarized her presentation by stating, "Integrating Evidence Based Practice into education will require many different approaches". It will require "collaboration, facilitation and commitment" to be successful.

The participants at the convention then broke into groups and practiced what had been learned by evaluating their individual work environments. □



WELCOME NEW MEMBERS

Gloria Rohne, Marquette University

Catherine Berry, UW-Eau Claire

Catherine Liebau, JJRMC Milwaukee

Sue Bristol, Retired New Editor Communiqué

Penny Pesch, Pro Health

Kay Tupala, Northeast WI T.C.

Annika Joy, Columbia College

Sue Semrow, Waukesha Memorial

Edwina Beanum, MATC Milwaukee

Linda Haut, Waukesha Cty. T.C.

Mary Hampel, Froedtert Hospital

Sharon Garrett, Cardinal Stritch

Becki Hirschy, Bryant & Stratton

Carol Strysick, Moraine Park T.e.

Renee Buswell, MATC Ft. Atkinson

Catherine Krahn, MATC Madison

Diane Skewes, Gateway T.C.

Debra Bowman, West Bend

Therese Cole, Froedtert Hospital

Lea Acord, Marquette University

Kathy Haase, Moraine Park T.C.

Margaret Rentmeester, Moraine Park T.C.

Jayne Laylan, Gunderson Lutheran

Kaye Lillesand, Nursingmatters

Dawn Sebranek, MATC Madison

Colleen Krentz, Froedtert Hospital

Beth Weber, Bryant & Stratton

Elaine Burns, Bryant & Stratton

Mary Maroney, Cardinal Stritch

Amy Meyers, Froedtert Hospital

Stephanie Albano, Froedtert Hospital

Rita Fleming, Bryant & Stratton

WELCOME RENEWING MEMBERS

Wanda Evans, Community Health Mondovi

Tim Bristol, Moraine Park T.C.

Marilyn Rinehart, MATC Madison

Piper Larson, WI Indianhead T.C.

Diane Wernette, Affiliated Home Health

Janet Levey, Alverno College

Kathleen Harrington, Community Mem. Hosp.

Linda Hacker, MA TC Milwaukee

Nancy Mogden, Gateway T.C.

Cheryl Anderson, Covenant Healthcare

Karen Gorton, Carroll College

Loretta Bond, MA TC Madison

Kristen Bachman, Cardinal Stritch

Mary Pat Wendelberger, Froedtert Hospital □